



**City of St. Helena
Active Transportation and Sustainability
Committee
Regular Meeting
Wednesday, December 1, 2021 @ 5:00 PM**

PLEASE NOTE: Any person who wishes to speak regarding an item on the agenda or make a comment under the "Oral Communication" portion of the agenda may do so, but please observe the time limit of four minutes. Members of the public and other parties are welcome to email their comments to the Staff Liaison Preya Nixon at pnixon@cityofsthelena.org

This meeting will be conducted pursuant to the provisions of Government Code Section 54953 (as amended by AB 361) which authorizes teleconferenced meetings under the Brown Act during certain proclaimed States of Emergency. The Governor of California proclaimed a State of Emergency related to COVID-19 on March 4, 2020. This teleconferenced meeting is necessary so that the City can conduct essential business and is permitted under Government Code 54953 in order to protect public health and safety of attendees.

Consistent with Government Code Section 54953, this meeting will be held via teleconference only, and will not be physically open to the public. Board, Commission and Committee members and staff will teleconference into the meeting by audio and/or video. The meeting will be conducted via Zoom Webinar.

Those members of the public wishing to participate must do so remotely via Zoom electronic meetings in the following ways; by either logging onto the Zoom link located on the meeting agenda (please download the app to your computer or mobile device) and enter the meeting ID or by calling a listed number and enter the meeting ID. Public comment for meetings will be accepted via email to publiccomment@cityofsthelena.org. All public comments must be emailed by two hours prior to the meeting. Emailed public comments will not be read out loud but will be publicly available and attached to the on-line agenda.

Please see the end of the agenda for detailed PUBLIC PARTICIPATION instructions.

Click on the link below to join the meeting:

<https://us02web.zoom.us/j/86736689066>

Or One tap mobile :

US: +16699006833,,86736689066# or +12532158782,,86736689066#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 669 900 6833 or +1 253 215 8782 or +1 346 248 7799 or +1 312 626 6799 or +1 929 205 6099 or +1 301 715 8592

Webinar ID: 867 3668 9066

International numbers available: <https://us02web.zoom.us/j/86736689066>

Page

1. CALL TO ORDER
2. ROLL CALL
Committee Chair: Leslie Stanton, Vice Chair: Jeff Farmer

Members: Glenn Smith, Madelyn Chandler, John Zimmerman
Alternate Members: Terra Sampson, Katherine MacDonnell
City Council Member Liaison: Paul Dohring, Vice Mayor
Staff Liaison: Preya Nixon, Asst. to the City Manager

3. PUBLIC FORUM:

An opportunity for the public to directly address the Committee on items of interest to the public that are not listed on the agenda. Any person addressing the Committee should provide his or her name and address, and limit comments to four minutes. **Because of restrictions imposed by the Brown Act, the Committee may not engage in substantive discussion, nor take action on matters not described on the agenda.**

4. SCHEDULED MATTERS:

- 4.1. Receive and Discussion of Blue Zones Presentation 5 - 18
[St. Helena ATSC Presentation 12.1.21](#)

5. CONSENT CALENDAR:

Members of the Active Transportation Committee or the public may ask that any items be considered individually for purposes of considering alternative action, for extended discussion, or for public comment. Unless that is done, on motion may be used to adopt all recommendation actions.

- 5.1. Active Transportation and Sustainability Committee Meeting Minutes of September 1, 2021 19 - 20
[Active Transportation and Sustainability Committee - 01 Sep 2021 - DRAFT MINUTES](#)
- 5.2. Active Transportation and Sustainability Committee Meeting Minutes of November 3, 2021 21 - 23
[Active Transportation and Sustainability Committee - 03 November 2021 DRAFT MINUTES](#)
- 5.3. Active Transportation and Sustainability Committee Meeting Minutes of the Special November 17, 2021 Meeting 25 - 26
[Special Active Transportation and Sustainability Committee - 17 Nov 2021 - DRAFT MINUTES](#)

6. REPORTS BY STAFF AND COMMITTEE:

Reports by staff and/or committee on items of general interest. ***Brief questions for clarification may be posed and answered, and Committee may request that items be placed on a future agenda. Except under certain circumstances, the Brown Act prohibits any other discussion or action by the Active Transportation & Sustainability Committee.***

7. FUTURE AGENDA ITEMS

8. ADJOURNMENT

The next regular Active Transportation Committee meeting is scheduled for January 5, 2022 at 5:00 pm at a location to be determined.

I do hereby certify that a copy of the foregoing agenda was posted on the City website on 11/24/21.

/s/ Preya Nixon

Preya Nixon, Asst. to the City Manager

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in the meeting, please contact City Hall at (707) 967-2792. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting (28 CFR35.102-35.104 ADA Title II). However, City staff will attempt to assist at any time with accessibility.

The ZOOM web link, meeting ID, and phone number will be listed at the top of the Active Transportation and Sustainability Committee Agenda. You will be required to enter the meeting ID, but there will be no password or participant ID.

How to Watch or Listen to Active Transportation and Sustainability Committee Meetings:

1. Watch and Listen on Zoom.us by clicking on the link in the Active Transportation and Sustainability Committee Agenda
2. Listen only by calling the Zoom number listed on the Active Transportation and Sustainability Committee Agenda

Watch the Active Transportation and Sustainability Committee Meeting by Joining the Zoom Meeting:

1. **By Computer, Tablet, or Smart Phone:**
 1. Before joining the virtual Active Transportation and Sustainability Committee Meeting, it is highly encouraged that you download the Zoom App. To sign up for your own free account, visit zoom.us/signup and enter your email address. You will receive an email from Zoom (no-reply@zoom.us). In this email, click Activate Account.
 2. If you are logged into your account, Enter the **Meeting ID** listed on the Active Transportation and Sustainability Agenda. If you have not created an account go to: <https://zoom.us/join> and enter the **Meeting ID**
 3. Select if you would like to connect audio and/or video and tap **Join Meeting**.
 4. For specific instructions for your device, go to: <https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>
1. **Listen Only by Telephone:**
 1. **Dial** the number listed on the Active Transportation and Sustainability Committee Agenda.
 2. At the prompt, enter the **Meeting ID** provided on the top of the Active Transportation and Sustainability Committee Agenda and **Press #. A participate ID is not required.**
 3. To disconnect from the meeting, hang up the phone.

Ways to Provide Public Comment:

While attending the virtual Active Transportation and Sustainability Committee Meeting, the public will have the opportunity to provide live public comment during Public Forum and after each agenda item. When it is the appropriate time for public comment the Chair will verbally open

public comment. At this time each individual is permitted 4 minutes to speak.

1. **Send a Public Comment in Advance to publiccomment@cityofsthelena.org**

The easiest way to provide public comment is to email your public comment. Public comments may be emailed to publiccomment@cityofsthelena.org. Please include in the subject line "COMMENT TO ATSC and the AGENDA ITEM". Any public comment is required to be submitted no later than 1 hour before the scheduled meeting and will be included as an attachment to the agenda.

1. **Provide Comment through Zoom meeting from a computer, tablet, or smart phone**

This option allows the public to virtually attend the meeting as a muted 'attendee' with no video or screen sharing capabilities. You will be able to see and hear those participating in the meeting, but they will not be able to hear you until the host unmutes you.

If you wish to provide public comment during a specific agenda item or during public forum, you can use the "**raise hand**" feature located in the control panel at the bottom of your screen. The icon is a small blue hand. In Windows you can also use the Alt+Y keyboard shortcut to raise or lower your hand. In Mac you can also use the Option+Y keyboard shortcut to raise or lower your hand.

The host will be notified that you've raised your hand and you will be placed in a queue with all incoming requests.

When it is your turn to speak, you will be notified that the host has unmuted you. To be removed from the queue, just click the '**raise hand**' button again.

1. **Call in to the ZOOM meeting from a cell phone or landline phone only**

This option allows the member of the public with the opportunity to verbally participate in public comment.

If you wish to speak during public comment time dial ***9** on your telephone.

The host will be notified that you would like to speak and you will be placed in a queue with all incoming requests.

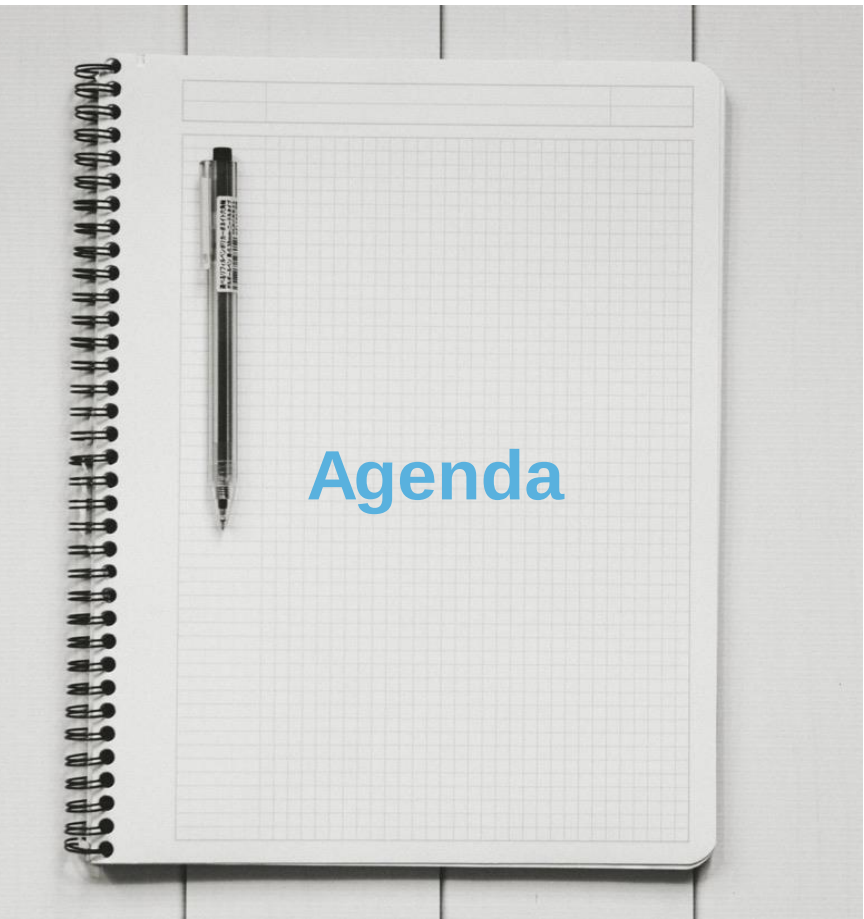
When it is your turn to speak, you will be notified that the host has unmuted you. You may press ***9** again if you wish to be removed from the queue.

You will be notified at the end of your statement that you have been muted.



BLUE ZONES PROJECT

St. Helena ATSC Presentation



-
- Project Sponsor
 - The Blue Zones
 - Blue Zones Project in UNV
 - Policy Work

POWERED BY:



Thank you!



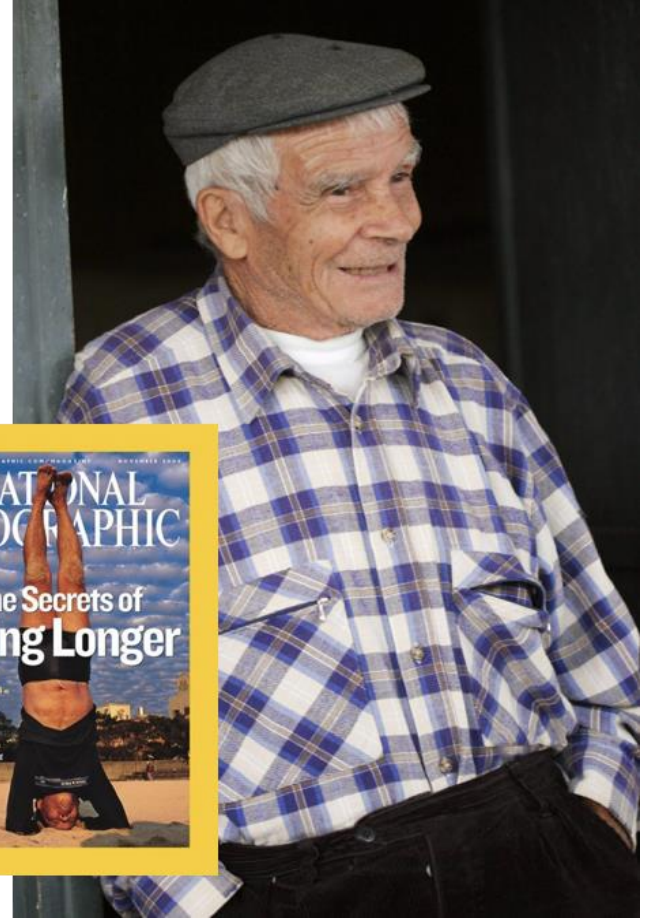
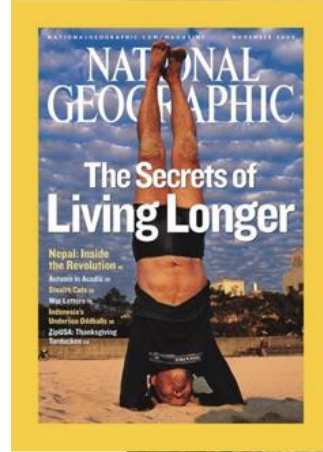
Your local team





It all began

with Dan Buettner's
20-year longevity study to find the
world's healthiest people.



**The original
blue zones exist
all over the globe**



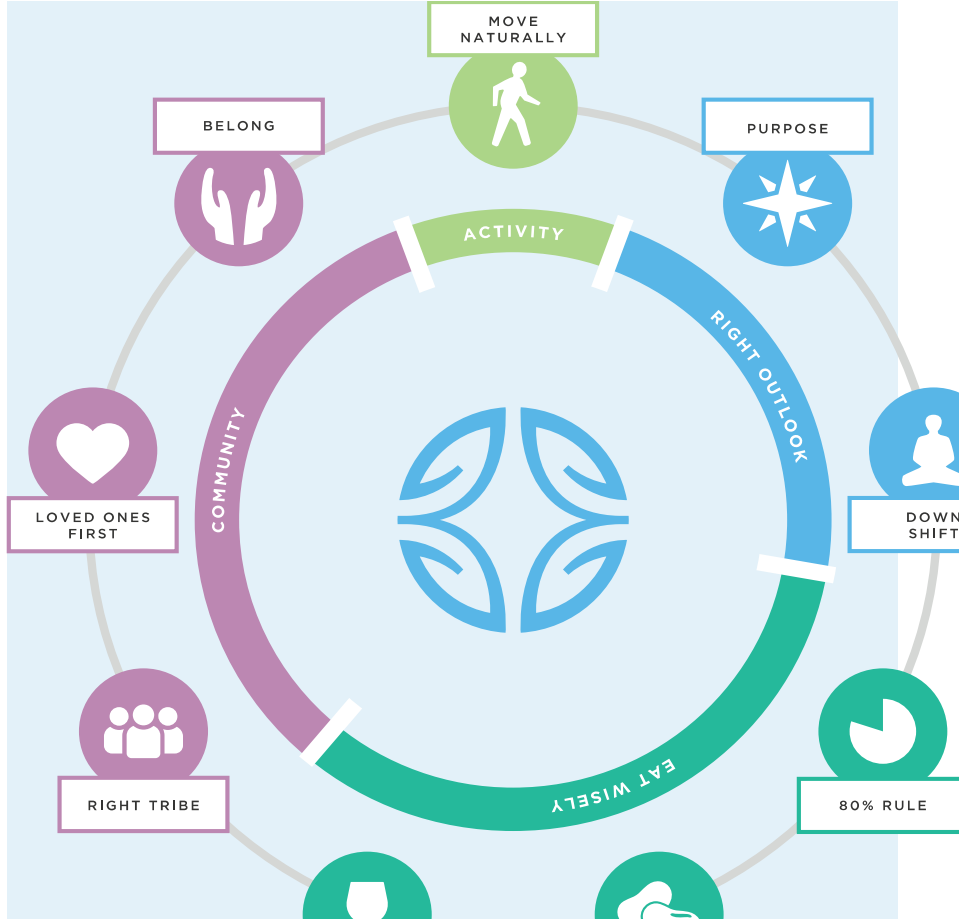
3x

more likely to
live to 100

Living on average

**12 more
good years**





MOVE NATURALLY

- Make daily physical activity an unavoidable part of your environment

RIGHT OUTLOOK

- Know your purpose
- Downshift: work less, slow down, take vacations

EAT WISELY

- Eat until 80% full
- More veggies, less meat & processed food
- Drink a glass of red wine each day

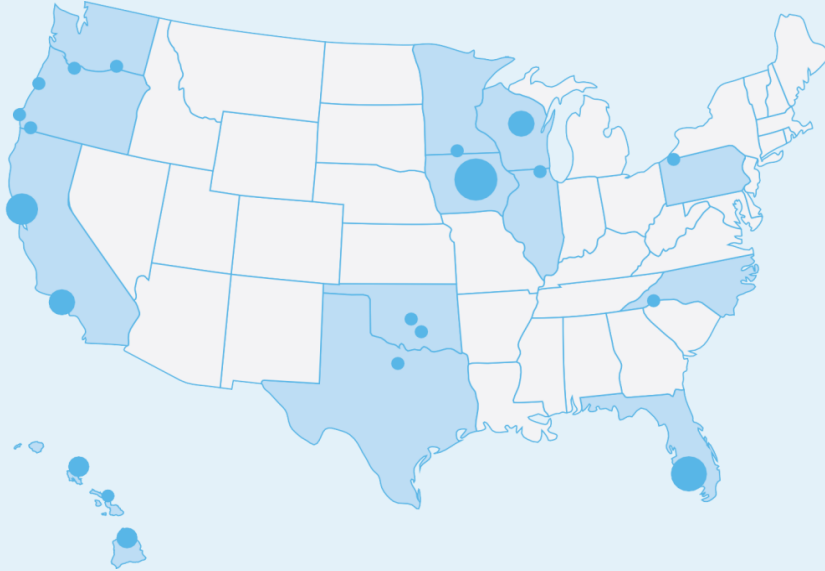
BELONG

- Create a healthy social network
- Prioritize family
- Connect/reconnect with religion

Life Radius®

Blue Zones Project works to improve what we call the life radius, the 5-10 miles around a person's home where they spend **the majority of their time.**

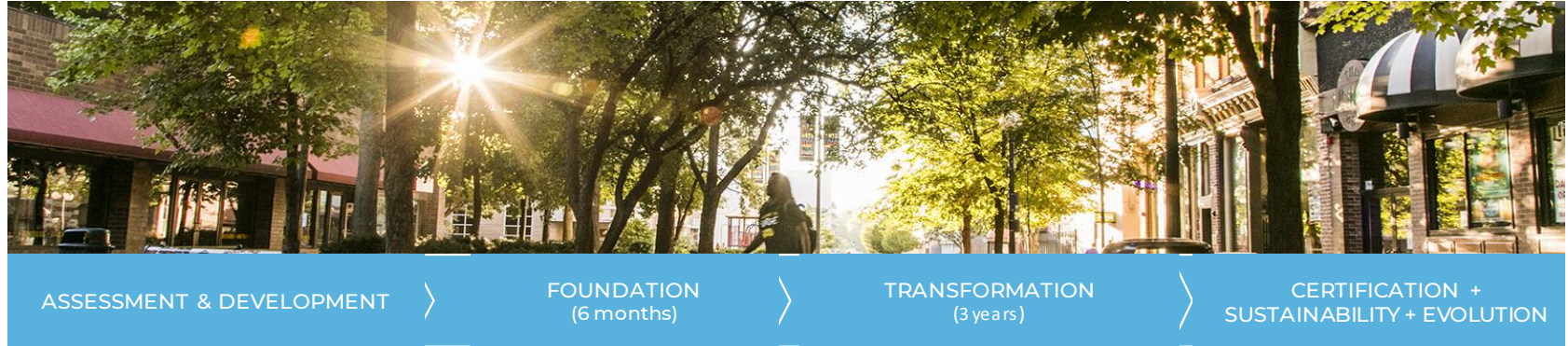




4+ million
lives impacted in
64 communities
across North America

BLUE ZONES PROJECT

Community Transformation Process



- Preliminary community assessment (2-day visit)
- Focus groups, 1:1's
- Presentations
- Sponsor identification and ROI analysis
- Identify volunteers and talent to support project roles

- Community Input & Discovery
- Well-Being Measurement
- Coalition Building
- Training
- Blueprint Development
- Volunteer Mobilization

- Implement Blueprint
- Engage people and places
- Impact policy to drive environmental change
- KPIs reported on annual basis

- Celebrate!
- Create and implement sustainable blueprint
- Continue impacting well-being in the community
- Showcase outcomes using Community Well-Being Index



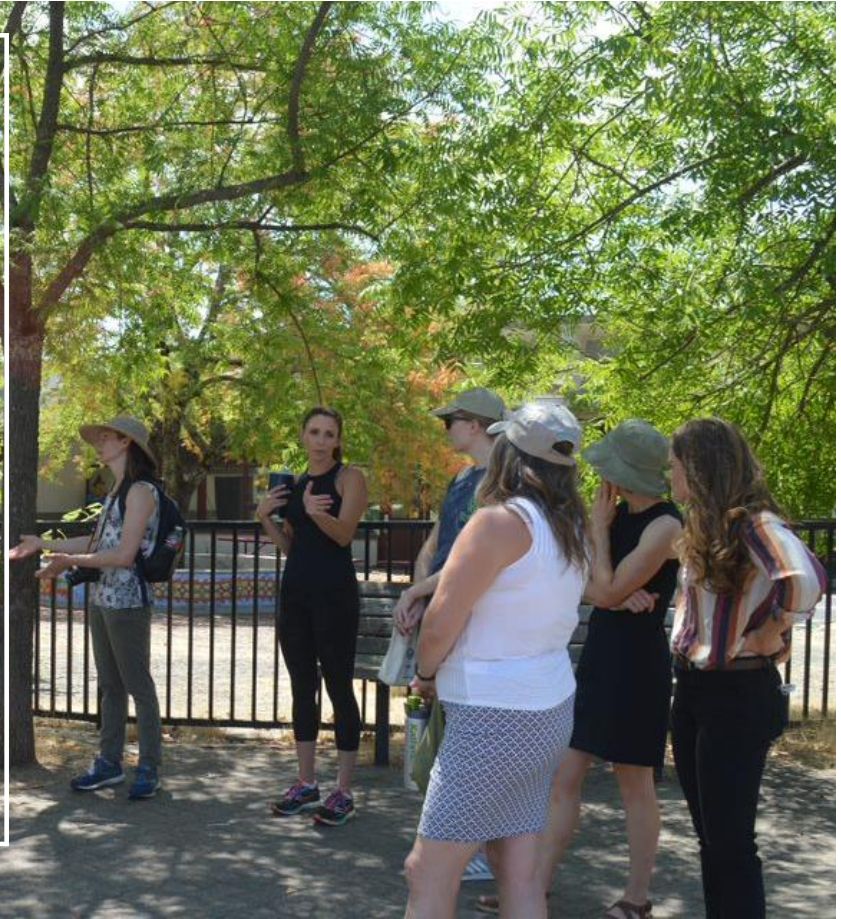
Discovery Process

How we got to today

- ✓ Discovery stakeholder interviews and focus groups
- ✓ Walking audits
- ✓ Policy summits
- ✓ Discovery and Summit Reports
- ✓ Blueprint

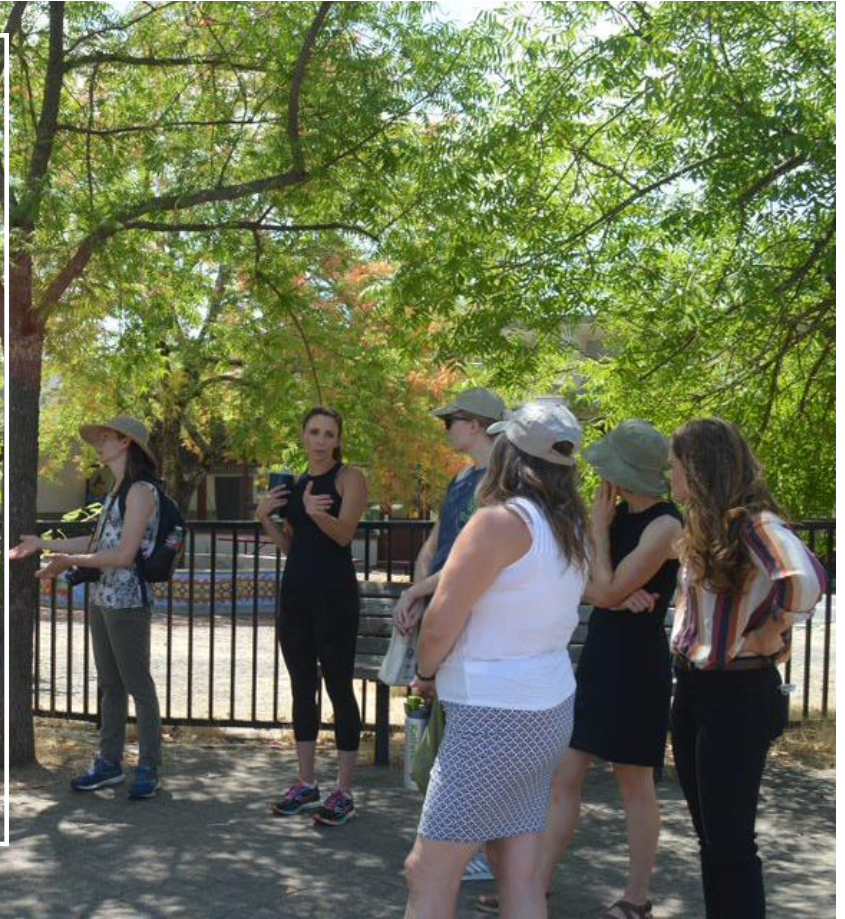
Key Objectives

- Create an inviting, accessible, multi-modal downtown and green space network in St. Helena through the development of policies or plans.
- Further the development of an accessible, multimodal downtown through capacity-building that increase collaboration, understanding of best practices, and resources.
- Implement projects that engage the community in public-space re-design, improve the built environment for all, and support understanding and acceptance of healthy, equitable community design.



Key Strategies

- Develop a Parks, Trails, and Open Space Master Plan, which includes strategies to enhance existing walking loops and trails, opportunities to build additional ones, plans to maintain open spaces, a model for development agreement, and aligned local and regional plans
- Offer downtown visioning workshops to engage stakeholders on what the future of St. Helena and its center should look like
- Support the activation of Money Way as a potential opportunity to create additional open-air places for eating, entertainment, and strolling



Questions?



BLUE ZONES PROJECT



DRAFT MINUTES
City of St. Helena
Active Transportation and Sustainability
Committee
Regular Meeting
Wednesday, September 1, 2021 @ 5:00 PM

1. CALL TO ORDER

Vice Chair Smith called the meeting to order at 5:01pm

2. ROLL CALL

The following were present:

Committee Chair: Vacant, Vice Chair: Glenn Smith

Members: Madelyn Chandler, Leslie Stanton, John Zimmerman

Alternate Members: Terra Sampson,

City Council Member Liaison: Paul Dohring, Vice Mayor

Member Katherine MacDonnell was excused.

Staff Liaison: Preya Nixon, Asst. to the City Manager

Mark Rincon, Public Works Director and City Engineer

Edrees Argand, Assistant Engineer

3. PUBLIC FORUM:

Carlotta Sainato, Napa County Bike Coalition provided public comment.

4. REPORTS BY STAFF AND COMMITTEE:

Updates were held.

5. CONSENT CALENDAR:

Members of the Active Transportation Committee or the public may ask that any items be considered individually for purposes of considering alternative action, for extended discussion, or for public comment. Unless that is done, on motion may be used to adopt all recommendation actions.

- 5.1. Active Transportation and Sustainability Committee Meeting Minutes of August 4, 2021

[Active Transportation and Sustainability Committee - 04 Aug 2021 - DRAFT MINUTES](#)

A motion was made by member Chandler and seconded by member Zimmerman to approve the minutes for the meeting held on August 4, 2021.

6. SCHEDULED MATTERS:

- 6.1. Receive Update and Presentation regarding the City's Five Year Paving Program

[ATSC Presentation on Pavement Management Staff Report](#)

Presentation was given by Edrees Argand, Assistant Engineer, Mark Rincon, Public Works Director and City Engineer and City Engineer.

Discussion was held by Committee regarding PCI of certain streets, use of Measure T funds, the process of selecting which streets to improve, how to rate bike facilities and the impact heavy vehicles (trucks) have on road conditions.

Public comment was received by Carlotta Sainato, Napa County Bike Coalition.

7. FUTURE AGENDA ITEMS

- 7.1. -Active Transportation Plan Phase I (October)
-ATSC Chair and Vice Chair (October)
-Subcommittee on ATSC Responsibilities
-Review of "Main Street" document items related to safe street concepts on Main Street

8. ADJOURNMENT

The meeting was adjourned at 6:28 pm.

The next regular Active Transportation Committee meeting is scheduled for October 6, 2021 at 5:00 pm, at a location to be determined.

Approved

Attest

Chair

Preya Nixon,
Assistant to the City Manager



DRAFT MINUTES
City of St. Helena
Active Transportation and Sustainability
Committee
Regular Meeting
Wednesday, November 3, 2021 @ 5:00 pm

1. CALL TO ORDER

Vice Chair Smith called the meeting to order at 5:01pm

2. The following were present:

Committee Chair: Vacant, Vice Chair: Glenn Smith
Members: Jeff Farmer, John Zimmerman and Leslie Stanton
Alternate Members: Terra Sampson, Katherine MacDonnell
City Council Member Liaison: Paul Dohring, Vice Mayor
Staff Liaison: Preya Nixon, Asst. to the City Manager
Mark Rincon, Public Works Director and City Engineer
Martin Beltran, Sr. Management Analyst for Public Works
Kendra

The following member was excused:
Madelyn Chandler

The following alternate was designated as a voting member:
Katherine MacDonnell

3. PUBLIC FORUM:

No public comment was received.

4. REPORTS BY STAFF AND COMMITTEE:

Reports were held.

4.1. Public Works Update

5. CONSENT CALENDAR:

Members of the Active Transportation Committee or the public may ask that any items be considered individually for purposes of considering alternative action, for extended discussion, or for public comment. Unless that is done, on motion may be used to adopt all recommendation actions.

5.1. Active Transportation and Sustainability Committee Meeting Minutes of September 1, 2021

-

[Active Transportation and Sustainability Committee - 01 Sep 2021 - DRAFT MINUTES](#)

This item was moved to a future agenda.

6. SCHEDULED MATTERS:

- 6.1. Receive Presentation and Report on the Active Transportation Phase 1 and prioritization of short-term recommendations # - #

[Staff Report](#)

[ATSC Presentation for meeting](#)

[Short-Term School Area Recommendations Cost Estimates](#)

[Active Transportation Plan-Phase I St Helena Report](#)

[11224137-RPT002-Phase I St Helena Appendix](#)

The presentation was given by Kendra Ramsey, from GHD Consulting Committee provided comments

Public comment was received from the following individuals:

Carlotta Sainato, Napa County Bike Coalition

Andi Stubbs, St. Helena Unified School District

Committee discussion occurred and the following comments were made:

-The Committee would like to see all the of the items presented in the Phase I recommendations to be implemented. However, they prioritized the following locations if there were resource constraints:

- *Madrona and Kearney: Crossing improvements: install high visibility markings and add south leg crosswalk*
- *Spring Street and Kearney: Install high visibility crosswalk across Spring Street*
- *Spring Street and North Crane Avenue: install crosswalk*
- *Spring Street and Valley View: Conduct feasibility study of AWSC (all way stop controlled) or RRFB (rectangular rapid flashing beacons).*

Additionally, the following comments were made:

-Ensure crosswalks are highly visible in accordance with public safety

-Priority should be on traffic calming

-of 4 prioritized, if only 2 could be done, work with PW to enhance those selected 2.

-receive clarification on pre-manufactured curb from the City's consultant or quick build

- 6.2. Election of ATSC Chair and Vice Chair

A nomination by Leslie Stanton to be appointed as Chair was made by Leslie Stanton.

Second: Katie MacDonnell

The motion passed unanimously.

A nomination by John Zimmerman to appoint Jeff Farmer as Vice Chair was made.

Second: Leslie Stanton

The motion passed unanimously.

ADJOURNMENT

Vice Chair Smith adjourned the meeting at 6:55 p.m.

The next regular Active Transportation Committee meeting is scheduled for December 1, 2021 at 5:00 pm at a location to be determined.

Approved

Attest

Chair

Preya Nixon,
Assistant to the City Manager

DRAFT



DRAFT MINUTES
City of St. Helena
***SPECIAL* Active Transportation and**
Sustainability Committee
Wednesday, November 17, 2021 @ 5:00 PM

1. CALL TO ORDER

Chair Stanton called the meeting to order at 5:02 p.m.

2. ROLL CALL

The following were present:

Committee Chair: Leslie Stanton; Vice Chair: Jeff Farmer

Members: Madelyn Chandler, and John Zimmerman

Alternate Members: Terra Sampson, Katherine MacDonnell

Excused: Glenn Smith

City Council Member Liaison: Paul Dohring, Vice Mayor

Staff Liaison: Preya Nixon, Asst. to the City Manager

Mark Rincon, Public Works Director and City Engineer

Dan Schaefer, BFK Engineers

Norm Dyer, BKF Engineers

Philip Sales, Executive Director, Napa Valley Vine Trail Coalition

Chuck McMinn, Board Member, Napa Valley Vine Trail Coalition

3. PUBLIC FORUM:

Under California law, public comments at special meetings are limited to subjects on the agenda only. Therefore public comment will take place during consideration of the item. Each person's comments shall be limited to 4 minutes.

4. REPORTS BY STAFF AND COMMITTEE:

Reports here held.

5. SCHEDULED MATTERS:

- 5.1. Receive presentation on proposed Vine Trail route options from the Napa Valley Vine Trail Coalition and BKF Engineers

Prepared By: Preya Nixon, Asst. to the City Manager

Recommendation:

Provide feedback on proposed route options as presented.

[Staff Report Vine Trail](#)

[2021-11 PRESENTATION FINAL](#)

[PublicComment.Richard Shurtz](#)

Presentation was made by BKF Engineers and Vine Trail Coalition on proposed segment options.

*Committee conducted discussion.
Public comment was received from the following:*

*Annette Smith
Carlotta Sainato, Napa County Bicycle Coalition
Donald Micheli
Patrick Band, Napa County Bicycle Coalition*

Committee continued discussion and the following items were brought up:

*-Oak Avenue is a preference from an Active Transportation aspect, but parking needs to be evaluated more. The Church Street option is also very viable for bike riders.
-Oak Avenue is the best option for safety as crossing Highway 29 poses risks, and safety should be considered. We should prioritize active transportation and not vehicle parking.
-What can we do to make crossing Highway 29 safer with the Church Street option?
-There was a preference for the Church Street option due parking impacts and less business impacts.
-The impact that the loss of parking would have for businesses with the Oak Avenue option should be addressed.
-For active bike riders, the Church Street option makes more sense.
-Both options have pros and cons: Oak Avenue being near the schools is an advantage, and so is a slightly more straightforward ride along the Church Street option.*

6. ADJOURNMENT

Chair Stanton adjourned the meeting at 6:45 p.m.

The next regular Active Transportation Committee meeting is scheduled for December 1, 2021 at 5:00 pm at a location to be determined.

Approved

Attest

Chair

Preya Nixon,
Assistant to the City Manager